

Back-to-Back QPR Suicide Prevention & Narcan Training



Join us Tuesday, Sept 27
from 5:30 - 7:30 pm
at the Bloomfield Senior Center
in the Great Room

Learn how to save a life in 2 ways

Open to the public. Everyone is welcome.

For additional information, please call the West Hartford-Bloomfield Health
District at 860-561-7900.



What you will take away from QPR suicide prevention training:

- How to Question, Persuade, and Refer (QPR) someone who may be suicidal
- The warning signs of suicide
- How to get help for someone in a crisis

What you will take away from Narcan (naloxone) administration training:

- The signs and symptoms of opioid overdose
- How to administer Narcan to reverse overdose symptoms
- Understanding the Good Samaritan Law
- Additional resources

If you or someone you know is struggling or in crisis, help is available.
Call or text 988 or chat 988lifeline.org.

