NEW BEDFORD PUBLIC SCHOOLS
WELLNESS FAIR
KEITH MIDDLE SCHOOL COMMUNITY ROOM
NOVEMBER 17TH 3:00-6:00 PM

EVENTS
TOBACCO CESSION
BUILDING HEALTHY HABITS
BEHAVIOR CHANGE 101
ASK A REGISTERED DIETICIAN
COVID & FLU VACCINATIONS

BENEFIT VENDORS
BCBS
BOSTON MUTUAL LIFE INSURANCE
EAP ALL IN ONE HEALTH -EMPLOYEE ASSISTANCE PROGRAM
CAFETERIA PLAN ADVISORS -FLEXIBLE SPENDING
TRUSTMARK -SHORT TERM/ LONG TERM DISABILITY
CITY RETIREMENT
MTA MASSACHUSETTS TEACHER ASSOCIATION
403B TAX SHELTER ANNUALTIES VENDORS

CLASSES
ZUMBA CLASS WITH CARA REGO
XTREMEHIPHOP WITH SHOCKTROOPFITNESS
YOGA WITH CHERYL ROCHA

UNIONS
NBEA | NBSSU | PARAPROFESSIONALS | AFSCME