1. SPEED and ACCURACY

You will be measured based on the speed and accuracy of your responses. This is not an IQ test, it is a measure of your brain function performance.

2. FOLLOW INSTRUCTIONS

Carefully follow the instructions. Failure to understand the instructions can produce an invalid test score requiring a retake.

3. TURN OFF CELL PHONE

Turn off and put away all electronic devices. It is important for you to focus on giving your best effort.

4. COMFORTABLE?

Do you need to use the facilities? Do you have a headache, hand injury? Do you wear glasses? Are you dizzy, drowsy / sleepy?

Go to http://www.concussionvitalsigns.com/ and click on "Athlete Testing" in the blue sidebar.

1. Enter the following to login: (both are case sensitive)
   Username: NBWhaler
   Password: safetyfirst

2. Athlete ID: School ID number only.
3. Assessment Type — Select: >Baseline
4. Assessments — Select: >Concussion Vital Signs
   >Athlete Information and Medical History
   >Concussion Symptom Scale

5. The next page has a place to choose your preferred language.

Remember that the test does NOT measure your intelligence, it measures your memory. It asks you to remember words, shapes, colors and to follow instructions. It’s Ok to forget things here and there, but YOU MUST do the test the right way. If you don’t follow instructions, your test may be invalid, which means you have to try again.

GOOD LUCK!!