

Assessment of the Olympia School District's Local Wellness Policy

Performed: September 2018 by Paul Flock, Child Nutrition Supervisor

Findings:

The Olympia School District's Policy 6700 – Wellness – Nutrition, Health and Physical Education, is in compliance with the United States Department of Agriculture Final Ruling on leadership, content, reviewing and reporting, and community engagement.

- The Food Service Supervisor, parents, administrators, students, teachers, school nurses, and the public are permitted to participate on the Wellness Committee.
- The Child Nutrition Supervisor, Director of Career and Technology Education, Business Manager, and Building Principals lead and coordinate compliance to the policy.
- The district has updated the policy to meet requirements outlined in the final rule. Policy revised in June 2017. An assessment of the wellness policy will be conducted once every three years and be made available to the public.
- The district has set specific goals for nutrition promotion, education and physical activity.
- The district has set standards for available foods and beverages sold during the academic day.
- Marketing and advertising of foods and beverage are limited to only items meeting Smart Snack standards.

Ongoing Work and next steps:

During the 2018-2019 school year the Wellness Committee will continue to assess the wellness policy to see if there are areas of concern that need to be addressed or lauded.

The Child Nutrition Supervisor will meet with student store leaders and principals that have vending programs to ensure all food and beverages sold are Smart Snack compliant. This will take place every school year as part of USDA's on site review requirement.