



43 Main Street, Suite 101, Sparta, NJ 07871

Free Online Support Groups for Students, Parents, and Teachers

Willow Tree Therapy Services is pleased to announce the formation of the following free online support meetings to help our community cope with the uniquely stressful conditions we are all currently experiencing as a result of the covid 19 crisis. Sessions will focus on developing a sense of shared experience, reducing isolation, assisting with feelings of stress and anxiety, and developing coping skills to deal with our rapidly changing lives.

Middle School Students:

Facilitator: Elizabeth Kussler, LPC

Date: Every Tuesday at 4pm

High School Students

Date: Every Thursday at 7pm.

Facilitator: Ed Blevins, LPC, LCADC

Young Adults

Date: Every Thursday at 5pm

Facilitator: Caitlin Karosen, LCSW

Parents

Date: TBA

Facilitator: Dr. Charlie McNeil, LMFT

Educators

Facilitator: Ed Blevins, LPC, LCADC (retired Special Education Teacher and School Counselor)

Date: Every Wednesday at 4pm

To register, please contact our office manager, Jaime Dangler, by email at danglerjaime@gmail.com or by text or call at (973) 600-7423. Individual teletherapy appointments are available as well and can also be scheduled by contacting Jaime.

Thank you,

Gia Leo and Ed Blevins, Co-Owners
Willow Tree Therapy Services