



# Weld RE3J School District Elementary Lunch Menu

October  
2022



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>3</b></p> <p>Breakfast for Lunch Sausage and Tri-Tator</p> <p>Chef Salad</p> <p>Vegetable Bar Fruit Bar</p> <p>1% Milk</p>	<p><b>4</b></p> <p>Frito Chili Pie Mexican Corn</p> <p>Deli Sandwich</p> <p>Vegetable Bar Fruit Bar</p> <p>1% Milk</p>	<p><b>5</b></p> <p>Cheeseburger on a Bun Golden French Fries</p> <p>Pretzel &amp; Cheese Munchable</p> <p>Vegetable Bar Fruit Bar</p> <p>1% Milk</p>	<p><b>6</b></p> <p>Grilled Cheese Sandwich Tomato Soup</p> <p>Crispy Chicken Salad</p> <p>Vegetable Bar Fruit Bar</p> <p>1% Milk</p>	<p><b>7</b></p> <p>Cheese Pizza Roasted Italian Vegetables</p> <p>Confetti Ham Pasta Salad</p> <p>Vegetable Bar Fruit Bar</p> <p>1% Milk</p>
<p><b>10</b></p> <p>NO SCHOOL</p>	<p><b>11</b></p> <p>Pasta with Meat Sauce Green Beans</p> <p>Crispy Chicken Sub</p> <p>Vegetable Bar Fruit Bar</p> <p>1% Milk</p>	<p><b>12</b></p> <p>Corn Dog Tater Tots</p> <p>Ham &amp; Cheese Munchable</p> <p>Vegetable Bar Fruit Bar</p> <p>1% Milk</p>	<p><b>13</b></p> <p>BBQ Rib Sandwich Steamed Carrots</p> <p>Turkey BLT Wrap</p> <p>Vegetable Bar Fruit Bar</p> <p>1% Milk</p>	<p><b>14</b></p> <p>NO SCHOOL</p>
<p><b>17</b></p> <p>Hamburger on a Bun French Fries</p> <p>Chicken BLT Salad</p> <p>Vegetable Bar Fruit Bar</p> <p>1% Milk</p>	<p><b>18 TACO TUESDAY</b></p> <p>Soft Beef Tacos Beans</p> <p>Deli Sandwich</p> <p>Vegetable Bar Fruit Bar</p> <p>1% Milk</p>	<p><b>19</b></p> <p>Hot Dog Kettle Potato Chips</p> <p>Pizza Munchable</p> <p>Vegetable Bar Fruit Bar</p> <p>1% Milk</p>	<p><b>20</b></p> <p>Crispy Chicken Nuggets Golden French Fries</p> <p>Ham Wrap</p> <p>Vegetable Bar Fruit Bar</p> <p>1% Milk</p>	<p><b>21</b></p> <p>Cheese Pizza Tomato Slices</p> <p>Chef Salad</p> <p>Vegetable Bar Fruit Bar</p> <p>1% Milk</p>
<p><b>24</b></p> <p>French Toast Sticks Sausage Patty</p> <p>Turkey BLT Salad</p> <p>Vegetable Bar Fruit Bar</p> <p>1% Milk</p>	<p><b>25</b></p> <p>Pasta with Meatballs Green Beans</p> <p>Crispy Chicken Sub</p> <p>Vegetable Bar Fruit Bar</p> <p>1% Milk</p>	<p><b>26</b></p> <p>Corn Dog Fries</p> <p>Chef Salad</p> <p>Vegetable Bar Fruit Bar</p> <p>1% Milk</p>	<p><b>27</b></p> <p>BBQ Rib Sandwich Kettle Potato Chips</p> <p>Chicken Ranch Wrap</p> <p>Vegetable Bar Fruit Bar</p> <p>1% Milk</p>	<p><b>28</b></p> <p>Cheese Pizza Pepper Medley</p> <p>Double PB&amp;J</p> <p>Vegetable Bar Fruit Bar</p> <p>1% Milk</p>
<p><b>31</b></p> <p>Hotdog on Whole Grain Bun Tater Tots</p> <p>Chicken BLT Salad</p> <p>Vegetable Bar Fruit Bar</p> <p>1% Milk</p>				

PRICES

Student Paid	\$2.95
Student Reduced	\$0.00
Adult	\$4.00
Extra Milk	\$0.50

EXTRA INFO

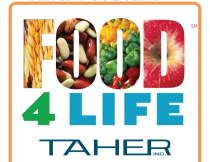
A choice of 1% white or chocolate milk is offered with each meal. A creditable grain is served with all salads. For questions, please contact Matthew Wallwork, Food Service Director, at matthewwallwork@re3j.com.

HARVEST OF



THE MONTH

Your MENUS plus more information on our app  
TaHER Food4Life®



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