



Weld RE3J School District Breakfast Menu

October
2022



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>3 Donut</p> <p>Choice of Cereal Graham Crackers</p> <p>Vegetable Selection Fruit or Juice Selection</p> <p>1% Milk</p>	<p>4 Yogurt Parfait</p> <p>Choice of Cereal Graham Crackers</p> <p>Vegetable Selection Fruit or Juice Selection</p> <p>1% Milk</p>	<p>5 Apple Frudel</p> <p>Choice of Cereal Graham Crackers</p> <p>Vegetable Selection Fruit or Juice Selection</p> <p>1% Milk</p>	<p>6 Sunrise Stacker</p> <p>Choice of Cereal Graham Crackers</p> <p>Vegetable Selection Fruit or Juice Selection</p> <p>1% Milk</p>	<p>7 Blueberry Breakfast Bark</p> <p>Choice of Cereal Graham Crackers</p> <p>Vegetable Selection Fruit or Juice Selection</p> <p>1% Milk</p>
<p>10 NO SCHOOL</p>	<p>11 Muffin Cheese Stick</p> <p>Choice of Cereal Graham Crackers</p> <p>Vegetable Selection Fruit or Juice Selection</p> <p>1% Milk</p>	<p>12 Biscuits & Gravy</p> <p>Choice of Cereal Graham Crackers</p> <p>Vegetable Selection Fruit or Juice Selection</p> <p>1% Milk</p>	<p>13 Breakfast Burrito</p> <p>Choice of Cereal Graham Crackers</p> <p>Vegetable Selection Fruit or Juice Selection</p> <p>1% Milk</p>	<p>14 NO SCHOOL</p>
<p>17 Breakfast Pizza</p> <p>Choice of Cereal Graham Crackers</p> <p>Vegetable Selection Fruit or Juice Selection</p> <p>1% Milk</p>	<p>18 Yogurt Parfait</p> <p>Choice of Cereal Graham Crackers</p> <p>Vegetable Selection Fruit or Juice Selection</p> <p>1% Milk</p>	<p>19 Cinnamon Roll</p> <p>Choice of Cereal Graham Crackers</p> <p>Vegetable Selection Fruit or Juice Selection</p> <p>1% Milk</p>	<p>20 French Toast Sticks</p> <p>Choice of Cereal Graham Crackers</p> <p>Vegetable Selection Fruit or Juice Selection</p> <p>1% Milk</p>	<p>21 Breakfast Sandwich</p> <p>Choice of Cereal Graham Crackers</p> <p>Vegetable Selection Fruit or Juice Selection</p> <p>1% Milk</p>
<p>24 Breakfast Flatbread</p> <p>Choice of Cereal Graham Crackers</p> <p>Vegetable Selection Fruit or Juice Selection</p> <p>1% Milk</p>	<p>25 Donut Holes</p> <p>Choice of Cereal Graham Crackers</p> <p>Vegetable Selection Fruit or Juice Selection</p> <p>1% Milk</p>	<p>26 Plain Bagel Cream Cheese</p> <p>Choice of Cereal Graham Crackers</p> <p>Vegetable Selection Fruit or Juice Selection</p> <p>1% Milk</p>	<p>27 Scrambled Egg Choice of Grain</p> <p>Choice of Cereal Graham Crackers</p> <p>Vegetable Selection Fruit or Juice Selection</p> <p>1% Milk</p>	<p>28 Biscuits & Gravy</p> <p>Choice of Cereal Graham Crackers</p> <p>Vegetable Selection Fruit or Juice Selection</p> <p>1% Milk</p>
<p>31 Mini Pancakes</p> <p>Choice of Cereal Graham Crackers</p> <p>Vegetable Selection Fruit or Juice Selection</p> <p>1% Milk</p>				

PRICES

Elementary	\$2.20
Secondary	\$2.45
Reduced	\$0.00
Adult	\$3.10
Extra Milk	\$0.60

EXTRA INFO

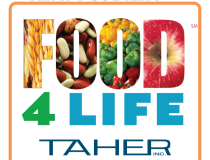
A choice of 1% white or chocolate milk is offered. For questions, please email Matthew Wallwork, Food Service Director, at matthewwallwork@re3j.com.

HARVEST OF



THE MONTH

Your MENUS plus more information on our app
TaHER Food4Life®



www.taHER.com