

Weld RE3J School District Lunch Menu

November
2022

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<p>1</p> <p>Pasta with Meat Sauce</p> <p>Turkey Wrap Munchable</p> <p>Vegetable Bar Fruit Bar 1% Milk</p>	<p>2</p> <p>BBQ Pulled Pork Sandwich</p> <p>Pretzel Bites Yogurt Pak Munchable</p> <p>Variety of Veggies Fresh Fruit Bar 1% Milk</p>	<p>3</p> <p>Chicken Fajitas</p> <p>Honey Mustard Ham Wrap</p> <p>Vegetable Bar Fresh Fruit Bar 1% Milk</p>	<p>4</p> <p>Cheese Pizza</p> <p>Chef Salad Whole Grain Dinner Roll</p> <p>Variety of Veggies Canned Fruit Bar 1% Milk</p>
<p>7</p> <p>Beef Shepherds Pie Cheesy Mashed Potatoes</p> <p>Ham and Cheese Flatbread Munchable</p> <p>Vegetable Bar Fresh Fruit Bar 1% Milk</p>	<p>8</p> <p>Crispy Chicken Nuggets Golden Crinkle Cut French Fries</p> <p>Crispy Chicken Wrap Munchable</p> <p>Vegetable Bar Canned Fruit Bar 1% Milk</p>	<p>9</p> <p>Corn Dog Golden Crinkle Cut French Fries</p> <p>Pretzel Bites & Cheese Munchable</p> <p>Vegetable Bar Fresh Fruit Bar 1% Milk</p>	<p>10</p> <p>BBQ Chicken Sandwich</p> <p>Beef Taco Salad</p> <p>Vegetable Bar Canned Fruit Bar 1% Milk</p>	<p>11</p> <p>Pepperoni Pizza</p> <p>Chicken Caesar Salad</p> <p>Vegetable Bar Fresh Fruit Bar 1% Milk</p>
<p>14</p> <p>Hamburger on a Bun Golden French Fries</p> <p>Cowboy BBQ Crispy Chicken Munchable</p> <p>Vegetable Bar Canned Fruit Bar 1% Milk</p>	<p>15</p> <p>Beefy Nachos w/Cheese Sauce</p> <p>Refried Beans Salsa</p> <p>Chef Salad Whole Grain Dinner Roll</p> <p>Vegetable Bar Canned Fruit Bar 1% Milk</p>	<p>16</p> <p>BBQ Pulled Pork Sandwich Steamed Green Beans</p> <p>Chef Salad</p> <p>Vegetable Bar Fresh Fruit Bar 1% Milk</p>	<p>17</p> <p>Baked Ham Whole Grain Dinner Roll Steamed Peas Maple Roasted Apples & Carrots Mashed Potatoes Gravy</p> <p>Chicken Caesar Salad Peach Crisp Fresh Fruit Bar</p>	<p>18</p> <p>Pepperoni Pizza</p> <p>Ham Deli Sandwich</p> <p>Vegetable Bar Canned Fruit Bar 1% Milk</p>
<p>21</p>	<p>22</p>	<p>23</p>	<p>24</p>	<p>25</p>
<p>28</p> <p>Crispy Chicken Nuggets Tater Tots</p> <p>Buffalo Chicken Fajita Wrap</p> <p>Vegetable Bar Canned Fruit Bar 1% Milk</p>	<p>29</p> <p>Pasta with Meat Sauce Rip Stick Breadstick</p> <p>Brunchable with Waffles Munchable</p> <p>Vegetable Bar Canned Fruit Bar 1% Milk</p>	<p>30</p> <p>Chicken Fajitas Refried Beans Salsa</p> <p>Pretzel Bites Yogurt Pak Munchable</p> <p>Vegetable Bar Fresh Fruit Bar 1% Milk</p>		

PRICES

Paid Students	\$2.95
Reduced Students	\$0.00
Adults	\$4.00
Extra Milk	\$0.60

EXTRA INFO

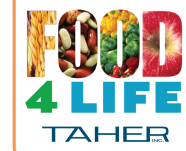
A choice of 1% white or chocolate milk is offered. A creditable grain is offered with all salads. If there are any questions about our menu or anything regarding food service, please contact the Director, Matthew Wallwork at 303.536.2946.

HARVEST OF



THE MONTH

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