

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY																					
<p>Look for an * that denotes the vegetarian meal option offered Daily</p> <p>1 of the following will be offered daily: Pizza, Burgers, Chicken Patty Sandwich, Deli Sandwich, or Yogurt Munchable. Check the menu board in the kitchen to see what is offered that day.</p> <p>Visit yorkacademy.com Click on parents tab and look for food services. Here you will find menus, birthday bag order forms and how to apply for meal benefits. A new application must be completed each school year.</p> <p>Any Questions or Concerns please contact Regina Arnold, Food Service Manager rarnold@yorkarcs.org</p>						<p>We are an equal opportunity provider. Due to food supply and delivery issues, the menu may change.</p>																				
	<p><i>Build a Healthy Lunch: Entree, add 1 or 2 servings of Vegetables, 1 serving of Fruit and your Favorite Milk</i> 1% White Milk, Fat Free Chocolate, Strawberry and Vanilla Milk offered Daily</p>																									
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								<p><u>Lunch</u></p> <table> <tr><td>Regular</td><td>2.75</td></tr> <tr><td>Reduced</td><td>.40</td></tr> <tr><td>Adult Lunch</td><td>\$5.00</td></tr> </table>	Regular	2.75	Reduced	.40	Adult Lunch	\$5.00												
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	1 Meatballs w/Garlic Knot Pizza Veggie Burger* Broccoli, Salad Bar Assorted Fruit and Milk	2 French Toast Sticks* w/ choice of Yogurt* or Sausage Tater Tots, Baby Carrots Assorted Fruit and Milk	3 Oven Baked Drumstick w/ Mac-n-Cheese* Green Beans, Salad Bar Assorted Fruit and Milk	4 Chicken Club Sandwich Cheese Pizza* Baked Beans Green Beans Assorted Fruit and Milk																						
7	Walking Taco Vegetarian Walking Taco Corn, Salad Bar Assorted Fruit and Milk	8 Chicken Patty Sandwich Or Vegetarian "Chicken" Patty Sandwich Smiley Fries, Salad Bar Assorted Fruit and Milk	9 Early Dismissal Cheese Pizza* Sandwich of the Day Green Beans, Baby Carrots Assorted Fruit and Milk	10 General Tso Chicken Vegetarian General Tso* Vegetable Fried Rice* Broccoli, Salad Bar Assorted Fruit and Milk	11 Mini Corn Dogs Cheesy Pullaparts* Baked Beans* Salad Bar Assorted Fruit and Milk																					
14	Southwest Rice Bowl SouthWest Queso Pullaparts* Black Beans Salad Bar Assorted Fruit and Milk	15 Chili w/ Chips Vegetarian Chili w/Chips* Mixed Vegetable Salad Bar Assorted Fruit and Milk	16 Grilled Cheese* Chicken Patty Sandwich Tomato Soup w/Goldfish Salad Bar Assorted Fruit and Milk	17 PopCorn Chicken Bowl Vegetarian Chicken Tenders* Mashed Potatoes w/Gravy Corn Assorted Fruit and Milk	18 Maxi Sticks w/ Marinara* Or Cheeseburger Green Beans, Fresh Baby Carrots Assorted Fruit and Milk																					
21	Soft Shell Chicken Taco Plant Based Chicken Taco* Seasoned Brown Rice Corn, Salad Bar Assorted Fruit and Milk	22 Cheeseburger Veggie Burger* Baked Beans Salad Bar Assorted Fruit and Milk	23 Early Dismissal Cheese Pizza* Sandwich of the Day Green Beans, Baby Carrots Assorted Fruit and Milk Thanksgiving Treat	24 Thanksgiving Break No School	25 Thanksgiving Break No School																					
28	Chick-n-Cheese Basket or Breaded Mozzarella Sticks* Sweet Corn, Salad Bar Assorted Fruit and Milk	29 Meatballs w/Garlic Knot Pizza Veggie Burger* Broccoli, Salad Bar Assorted Fruit and Milk	30 French Toast Sticks* w/ choice of Yogurt* or Sausage Tater Tots, Baby Carrots Assorted Fruit and Milk																							