

OCTOBER 2022

WATERFORD PUBLIC SCHOOLS

Milk only: \$.75
 Second Meal Prices:
 Elem: \$2.25; CLMS \$2.50; WHS \$2.75

Monday	Tuesday	Wednesday	Thursday	Friday
3 Mini bagels 100% orange juice Banana Milk	4 Breakfast round Cheese stick 100% apple juice Milk	5 School holiday	6 Turkey sausage on a biscuit 100% fruit punch Fresh orange Milk	7 French toast bites Syrup cup 100% grape juice Milk
10 School Holiday	11 Mini pancakes Syrup cup 100% orange juice Banana Milk	12 Breakfast bun Fresh orange 100% apple juice Milk	13 Goody Ring 100% orange juice Banana Milk	14 Apple frudel 100 apple juice Fresh apple Milk
17 Warm muffin 100% fruit punch Banana Milk	18 Cinnamon roll 100% Orange juice Fresh orange Milk	19 Breakfast Bun 100% apple juice Fresh apple Milk	20 Egg & Cheese on a WG Roll 100% grape juice Banana Milk	21 Mini French toast w/ syrup 100%Fruit punch Fresh orange Milk
24 Assorted yogurt Cheese stick Scooby snacks 100% fruit juice Milk	25 Mini pancakes 100% apple juice Fresh fruit Milk	26 Breakfast bun 100% fruit juice Fresh orange Milk	27 Goody ring 100% orange juice Fresh fruit Milk	28 Apple frudel 100 apple juice Fresh apple Milk
31  Pumpkin bread 100% juice Fresh fruit Milk	<div style="border: 1px solid black; padding: 5px;"> <p>NOTICE: Waterford has opted in to SMART funds which will provide breakfast and lunch at no cost to all students at the beginning of the school year. Meals at no cost are unlikely to last all year and are subject to the availability of district funds. Please submit a free/red application in anticipation of all funds being expended.</p> </div>			



ALL Grain-based items offered at breakfast are Whole Grain Rich which means that at least 50% of the grains in the items are whole grain and all other grains are enriched

*Milk Choices: 1% white or Fat Free Flavored

* A variety of breakfast options offered daily

* All breakfast includes 1 cup of fruit

* Menu subject to change

This Institution is an equal opportunity provider