

NOVEMBER 2022

WATERFORD HIGH SCHOOL

SECOND MEAL PRICES
 Lunch \$3.75
 Milk only \$.75 Choice of
 1%White or FF Chocolate
 Adult Staff Meal \$5.00

NOTICE: Waterford has opted in to SMART funds which will provide breakfast and lunch at no cost to all students at the beginning of the school year. Meals at no cost are unlikely to last all year and are subject to the availability of district funds. Please submit a free/red application in anticipation of all funds being expended.

Monday

Tuesday

Wednesday

Thursday

Friday

7
 Chicken Patty on a WG Roll
 Oven Baked Potato Wedges
 Baked beans Fresh Orange
 Farm fresh Apple
 Ice Cold Milk

8
Professional Development Day!
 No School

9
 French Toast Sticks
 Maple syrup Cup
 Sausage links Hash brown
 Mango- Wango Juice
 Apple Milk

10
 Pizza Crunchers
 Marinara Sauce Cup
 Steamed broccoli
 Fresh Fruit Choices
 Ice Cold Milk

11
 School Holiday!

14
 Bacon Cheeseburger on a WG Roll
 Baked beans
 Crinkle -Cut Oven Fries
 Crunchy baby Carrots
 100% Fruit Punch Juice
 Ice Cold Milk Fresh Orange

15
 Chicken Nuggets
 Smile fries
 Steamed Green peas
 Dinner Roll
 Assorted fruit Milk

16
 Buffalo Chicken Pizza
 Baby Carrots and Broccoli
 with Ranch Dip
 100% Fruit Punch Juice
 Diced Peaches Milk

17
 "Holiday Dinner"
 Turkey & Gravy
 Mashed potatoes
 Golden Corn
 Craisins Applesauce
 Warm Dinner Roll Milk

18
 French bread Pizza
 Steamed Broccoli
 Frosty 100% Sidekick Juice
 Apple or Raisins
 Ice Cold Milk

21
 Popcorn Chicken
 Mashed Potatoes Gravy
 Green beans
 Dinner Roll
 Diced peaches Craisins
 Ice Cold Milk

22
 "NEW" Teriyaki Dumplings
 Fried rice
 Steamed Broccoli
 Mandarin oranges
 Diced pears Milk

23
 School Holiday!

24
 Happy Thanksgiving!

25
 School Holiday!

28
 Cheeseburger on a WG Roll
 Oven Fries Baked Beans
 Lettuce & Tomato
 Cucumber Slices
 Fresh Apple Mixed Fruit
 Ice Cold Milk

29
 Grilled Chicken Breast
 On a WG Roll
 BBQ Sauce Cup
 Sweet Potato Fries
 Baked beans
 100% fruit punch juice
 Fresh Orange Milk

30
 Meatballs in Marinara Sauce
 Italian Bread Sticks
 Mozzarella string Cheese
 Green Beans Cucumbers
 Pears Craisins Milk

* Daily Menu subject to change
 *All Grains offered are Whole Grain Rich
 THIS INSTITUTION IS AN EQUAL OPPORTUNITY

A Variety of alternate Meal choices are available daily-See Menu Board in Cafeteria for Choices

Due to food/supply chain shortage we appreciate your understanding that there may be last minute substitutions to the menu that are beyond our control

