

St. Bernard-Elmwood Place Jr./Sr. High School

2022-2023 BREAKFAST MENU

Start your day off right with a healthy breakfast! Breakfast will be available at St. Bernard-Elmwood Place High School free for every student each day at 8:05 a.m.

Our breakfast at the high school varies each day. Any breakfast must consist of **at least** 3 of the 4 following: 1 fruit **and/or** juice, 2 servings of bread/grain items **or** 1 serving of bread/grain and 1 serving of meat/meat alternate item and milk. Below is the breakfast menu it will not be sent home each month, so please keep this for future reference.

MONDAY – Mini Cinnis

TUESDAY – Chocolate Chip or Cinnamon Crumb Cake

WEDNESDAY – (2) Waffles

THURSDAY – Bagel & Cream Cheese

FRIDAY – Variety Muffins/Cereal

OFFERED DAILY:

Whole Grain Pop Tart—Strawberry or Cinnamon or Fudge

Variety of Whole Grain Cereal with Toast

Variety Breakfast Bars

served each day.

We carry a variety of low fat milk, juices and fruits each day. We also carry ala carte items to purchase.

“Menu Subject to Change Due to Availability of Food Items”

This institution is an equal opportunity provider.