



November 2022

St. Bernard & Elmwood Elementary K-6 Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
	1 Gilardi Breadsticks w/Marinara Sauce Tossed Salad with FF Ranch Dressing Cherry Tomatoes Applesauce Low Fat Milk	2 Mini Corndogs Baked Beans Celery Sticks Oranges Low Fat Milk	3 Walking Taco WG Chips/Meat/Cheese Corn Steamed Carrots Diced Peaches Low Fat Milk	4 Chicken Nuggets WG Roll Garlic Broccoli Mixed Vegetables Apple Slices Low Fat Milk
7 Chicken Drumstick WG Roll Cheese Mashed Potatoes Cauliflower Diced Pears Low Fat Milk	8 French Toast with Syrup Cup **Sausage Patty Baked Deli Roasters Steamed Carrots Orange Juice Low Fat Milk	9 **Pepperoni Pizza Tossed Salad with FF Ranch Dressing Mixed Vegetables Mandarin Oranges Low Fat Milk	10 Walking Taco WG Chips/Meat/Cheese Steamed Corn Diced Peaches Low Fat Milk	11 Veterans Day No School
14 Hamburger/WG Bun Tater Tots Green Beans Sliced Pickles Diced Pears Low Fat Milk	15 Cheese Round Pizza Tossed Salad with FF Ranch Dressing Peas Applesauce Low Fat Milk	16 Mini Corndogs Baked Beans Carrot Sticks/Dip Oranges Low Fat Milk	17 Walking Taco WG Chips/Meat/Cheese Corn Steamed Carrots Diced Peaches Low Fat Milk	18 Chicken Nuggets WG Roll Garlic Broccoli Celery Sticks Frozen Sidekicks Low Fat Milk
21 Turkey/Cheese Deli Sub Steamed Corn Pinto Beans Diced Pears Low Fat Milk	22 Cheese Pizza Green Beans Mixed Vegetables Applesauce Low Fat Milk	23 Conference Release Day No School	24 Thanksgiving Day No School	25 Thanksgiving Break No School
28 Hamburger/WG Bun Smile Potatoes Green Beans Sliced Pickles Diced Pears Halloween Cookie Low Fat Milk	29 Gilardi Breadsticks w/Marinara Sauce Tossed Salad with FF Ranch Dressing Cherry Tomatoes Applesauce Low Fat Milk	30 Mini Corndogs Baked Beans Celery Sticks Oranges Low Fat Milk	<i>We are experiencing many item shortages, which may cause last minute substitutions. We appreciate your understanding.</i>	

NOTES

Lunch \$2.45
 Reduced Price .40¢
 Extra Milk .45¢
 Assorted low fat milk available daily with lunch

Type A Lunch must choose **at least 3** of 5 options (one of which has to be a fruit or vegetable): Entree', Bread/Grain, Fruit, Vegetable, Variety of Milk

SAVE TIME IN THE MORNING

Deposit money in your child's account for breakfast and lunch
 Set up your account in PaySchools Central
www.payschoolscentral.com

IF YOU HAVEN'T ALREADY

Please fill out and return your Free and Reduced Meals Application as soon as possible!

Second Choice

Monday - WG PB&J Uncrustable/Goldfish
 Tuesday - Turkey Hot Dog on WG Bun
 Wednesday - Chicken Pattie on WG Bun
 Thursday - ****Pork** or Beef **BBQ Rib Pattie** on WG Bun (Depends on Availability)
 Friday - Chef Salad w/WG Roll

****Menu Subject to Change Due to Availability of Food Items****

WG = Whole Grain

****Denotes Possible Pork Product**

MENU SUBJECT TO CHANGE DUE TO AVAILABILITY OF FOOD ITEMS

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER.