



November 2022

St. Bernard & Elmwood Elementary K-6 Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
	1 Crumb Cake Peaches Orange Juice Low Fat Milk	2 Waffles Fruit Cup Orange Juice Low Fat Milk	3 Variety Cereal Toast Applesauce Cup Orange Juice Low Fat Milk	4 Minni Cinnis Craisins Orange Juice Low Fat Milk
7 Poptart Graham Crackers Mixed Fruit Cup Orange Juice Low Fat Milk	8 Crumb Cake Peach Cup Orange Juice Low Fat Milk	9 Waffles Fruit Cup Fruit Juice Low Fat Milk	10 Variety Cereal Toast Applesauce Cup Orange Juice Low Fat Milk	11 Veterans Day No School
14 Poptart Graham Crackers Mixed Fruit Cup Orange Juice Low Fat Milk	15 Crumb Cake Peaches Orange Juice Low Fat Milk	16 Waffles Fruit Cup Orange Juice Low Fat Milk	17 Variety Cereal Toast Applesauce Cup Orange Juice Low Fat Milk	18 Minni Cinnis Craisins Orange Juice Low Fat Milk
21 Poptart Graham Crackers Mixed Fruit Cup Orange Juice Low Fat Milk	22 Crumb Cake Peach Cup Orange Juice Low Fat Milk	23 Conference Release Day No School	24 Thanksgiving Day No School	25 Thanksgiving Break No School
28 Poptart Graham Crackers Mixed Fruit Cup Orange Juice Low Fat Milk	29 Crumb Cake Peach Cup Orange Juice Low Fat Milk	30 Waffles Fruit Cup Fruit Juice Low Fat Milk		

NEWS

Breakfast	\$1.20
Reduced Price	.30¢
Extra Milk	.45¢

Assorted low fat milk available daily with breakfast

Students must take at least 3 of the items offered. (1 must be a juice and/or fruit) with 2 grains or grain and meat/meat alternate and milk

SAVE TIME IN THE MORNING

Deposit money in your child's account for breakfast and lunch
Setup your account in
PaySchools Central
www.payschoolscentral.com

IF YOU HAVEN'T ALREADY

Please fill out and return your Free and Reduced Meals Application as soon as possible!

Second Choice

Crunchmania Cinnamon Bun
Juice
Fruit
Low Fat Milk

All Grains are Whole Grain
or Whole Grain Rich

MENU SUBJECT TO CHANGE DUE TO AVAILABILITY OF FOOD ITEMS

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER