



# November 2022

## St. Bernard-Elmwood Place 7th & 8th Grade Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
	<b>1</b> WG Cheese Breadsticks w/Marinara Sauce Chicken Quesadilla Turkey Hot Dog/WG Bun  Hot Vegetable: Green Beans	<b>2</b> WG Mini Corndogs Spicy Chicken Patty/WG Bun  Hot Vegetable: Baked Beans	<b>3</b> Walking Taco WG Chips/Meat/Cheese Beef Rib Patty/WG Bun WG Big Daddy's Pizza  Hot Vegetable: Corn	<b>4</b> Chicken Nuggets w/WG Roll Fish/WG Bun  Hot Vegetable: Garlic Broccoli
<b>7</b> Cheese Coney/WG Bun Hamburger/WG Bun  Hot Vegetable: Seasoned Mashed Potatoes	<b>8</b> WG French Toast w/**Sausage Patty WG French Bread Pizza Turkey Hot Dog/WG Bun  Hot Vegetable: Steamed Carrots	<b>9</b> WG Beef Pepperoni Calzone Spicy Chicken Patty/WG Bun  Hot Vegetable: Green Beans	<b>10</b> Walking Taco WG Chips/Meat/Cheese Beef Rib Patty/WG Bun WG Big Daddy's Pizza  Hot Vegetable: Refried Beans Corn	<b>11</b> <b>Veterans Day</b> <b>No School</b>
<b>14</b> Bacon Cheeseburger/ WG Bun Chicken Patty/WG Bun  Hot Vegetable: Curly Fries	<b>15</b> Orange Chicken w/Fried Rice & WG Roll Turkey Hot Dog/WG Bun WG Round Cheese Pizza  Hot Vegetable: Northwest Blend	<b>16</b> WG Mini Corndogs Spicy Chicken Patty/WG Bun  Hot Vegetable: Baked Beans	<b>17</b> Walking Taco WG Chips/Meat/Cheese Beef Rib Patty/WG Bun WG Big Daddy's Pizza  Hot Vegetable: Corn	<b>18</b> Chicken Bites w/WG Pretzel Bites Fish/WG Bun  Hot Vegetable: Garlic Broccoli
<b>21</b> Three Way Chili/Cheese WG Spaghetti/WG Crackers Hamburger/WG Bun  Hot Vegetable: Cauliflower Pinto Beans	<b>22</b> Chicken Fajita Meat/Cheese WG Soft Shell/Brown Rice Turkey Hot Dog/ WG Bun  Hot Vegetable: Mixed Vegetables	<b>23</b> <b>Conference</b> <b>Release Day</b> <b>No School</b>	<b>24</b> <b>Thanksgiving Day</b> <b>No School</b>	<b>25</b> <b>Thanksgiving Break</b> <b>No School</b>
<b>28</b> Hamburger/WG Bun Chicken Patty/WG Bun  Hot Vegetable: Curly Fries	<b>29</b> WG Cheese Breadsticks w/Marinara Sauce Turkey Hot Dog/WG Bun  Hot Vegetable: Green Beans	<b>30</b> WG Mini Corndogs Spicy Chicken Patty/WG Bun  Hot Vegetable: Baked Beans	<p><i>We are experiencing many item shortages, which may cause last minute substitutions. We appreciate your understanding.</i></p>	

### NOTE

<b>Lunch</b>	<b>\$2.70</b>
<b>Reduced Price</b>	<b>.40¢</b>
<b>Extra Milk</b>	<b>.45¢</b>

Assorted fruits, juices, cold and hot vegetables and low fat milk are available daily with lunch

#### Daily Entrees:

Deli Turkey Sandwich (WG)  
Cheese Sandwich (WG)  
PB&J Sandwich, Cheese Stick,  
Goldfish Crackers (WG)  
\*\*Pepperoni or Cheese Pizza (WG)  
Chef Salad//Rolls (WG)

Type A Lunch must choose at least 3 of 5 components (one of which has to be a fruit or vegetable):  
Entree', Bread/ Grain, Fruit, Vegetable, Variety of Milk

#### SAVE TIME IN THE MORNING

Deposit money in your debit account for breakfast and lunch

*Be sure and have your free/reduced applications and sharing forms filled out and processed as soon as possible to determine if you qualify for fee waivers.*

**WG = Whole Grain**  
**\*\*Denotes Pork Product**

\*\*MENU SUBJECT TO CHANGE DUE TO AVAILABILITY OF FOOD ITEMS\*\*

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