



November 2022

St. Bernard-Elmwood Place 9th-12th Grade Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
	1 WG Cheese Breadsticks w/Marinara Sauce Turkey Hot Dog/WG Bun Chicken Quesadilla Hot Vegetable: Green Beans	2 WG Mini Corndogs Spicy Chicken Patty/WG Bun Hot Vegetable: Baked Beans	3 Walking Taco WG Chips/Meat/Cheese Beef Rib Patty/WG Bun WG Big Daddy's Pizza Hot Vegetable: Corn	4 Chicken Nuggets w/WG Rolls Fish/WG Bun Hot Vegetable: Garlic Broccoli
7 Cheese Coney/WG Bun Cheeseburger/WG Bun Hot Vegetable: Seasoned Mashed Potatoes	8 WG French Toast w/**Sausage Patty WG French Bread Pizza Turkey Hot Dog/WG Bun Hot Vegetable: Steamed Carrots	9 WG Beef Pepperoni Calzone Spicy Chicken Patty/WG Bun Hot Vegetable: Green Beans	10 Walking Taco WG Chips/Meat/Cheese Beef Rib Patty/WG Bun WG Big Daddy's Pizza Hot Vegetable: Refried Beans Corn	11 Veterans Day No School
14 Bacon Cheeseburger/WG Bun Chicken Patty/WG Bun Hot Vegetable: Curly Fries	15 Orange Chicken w/Fried Rice & WG Roll Turkey Hot Dog/WG Bun WG Round Cheese Pizza Hot Vegetable: Northwest Blend	16 WG Mini Corndogs Spicy Chicken Patty/WG Bun Hot Vegetable: Baked Beans	17 Walking Taco WG Chips/Meat/Cheese Beef Rib Patty/WG Bun WG Big Daddy's Pizza Hot Vegetable: Corn	18 Chicken Bites w/WG Pretzel Bites Fish/WG Bun Hot Vegetable: Garlic Broccoli
21 Three Way Chili/Cheese WG Spaghetti/WG Crackers Cheeseburger/WG Bun Hot Vegetable: Cauliflower Pinto Beans	22 Chicken Fajita Meat/Cheese WG Soft Shell/Brown Rice Turkey Hot Dog/ WG Bun Hot Vegetable: Mixed Vegetables	23 Conference Release Day No School	24 Thanksgiving Day No School	25 Thanksgiving Break No School
28 Cheeseburger/WG Bun Chicken Patty/WG Bun Hot Vegetable: Curly Fries	29 WG Cheese Breadsticks w/Marinara Sauce Turkey Hot Dog/WG Bun Chicken Quesadilla Hot Vegetable: Green Beans	30 WG Mini Corndogs Spicy Chicken Patty/WG Bun Hot Vegetable: Baked Beans	<p><i>We are experiencing many item shortages, which may cause last minute substitutions. We appreciate your understanding.</i></p>	

NOTE

Lunch **\$2.70**
Reduced Price **.40¢**
Extra Milk **.45¢**

Assorted fruits, juices, cold and hot vegetables and low fat milk are available daily with lunch

Daily Entrees:

- Deli Turkey Sandwich (WG)
- Cheese Sandwich (WG)
- PB&J Sandwich, Cheese Stick, Goldfish Crackers (WG)
- **Pepperoni or Cheese Pizza (WG)
- Chef Salad/Rolls (WG)

Type A Lunch must choose at least 3 of 5 components (one of which has to be a fruit or vegetable):
 Entree, Bread/ Grain, Fruit, Vegetable, Variety of Milk

SAVE TIME IN THE MORNING

Deposit money in your debit account for breakfast and lunch

Be sure and have your free/reduced applications and sharing forms filled out and processed as soon as possible to determine if you qualify for fee waivers.

WG = Whole Grain
 **Denotes Pork Product

MENU SUBJECT TO CHANGE DUE TO AVAILABILITY OF FOOD ITEMS