



# December 2022

## St. Bernard & Elmwood Elementary K-6 Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
<p><i>Merry Christmas and Happy New Year From the Cafeteria Staff</i></p>	<p><i>We are experiencing many item shortages, which may cause last minute substitutions. We appreciate your understanding.</i></p>		<p><b>1</b> Walking Taco WG Chips/Meat/Cheese Corn Steamed Carrots Diced Peaches Low Fat Milk</p>	<p><b>2</b> Staff Inservice Day No Students</p>
	<p><b>5</b> Chicken Drumstick WG Roll Cheese Mashed Potatoes Cauliflower Diced Pears Low Fat Milk</p>	<p><b>6</b> French Toast with Syrup Cup <b>**Sausage Patty</b> Baked Deli Roasters Steamed Carrots Orange Juice Low Fat Milk</p>	<p><b>7</b> <b>**Pepperoni Pizza</b> Tossed Salad with FF Ranch Dressing Mixed Vegetables Mandarin Oranges Low Fat Milk</p>	<p><b>1</b> Walking Taco WG Chips/Meat/Cheese Corn Refried Beans Diced Peaches Low Fat Milk</p>
<p><b>12</b> Hamburger/WG Bun Tater Tots Green Beans Sliced Pickles Diced Pears Low Fat Milk</p>	<p><b>13</b> Cheese Round Pizza Tossed Salad with FF Ranch Dressing Peas Applesauce Low Fat Milk</p>	<p><b>14</b> Mini Corndogs Baked Beans Carrot Sticks/Dip Oranges Low Fat Milk</p>	<p><b>15</b> Walking Taco WG Chips/Meat/Cheese Corn Steamed Carrots Christmas Cookie Diced Peaches Low Fat Milk</p>	<p><b>16</b> Staff Inservice Day No Students</p>
<p><b>19</b> Winter Break No School</p>	<p><b>20</b> No School</p>	<p><b>21</b> No School</p>	<p><b>22</b> No School</p>	<p><b>23</b> No School</p>
<p><b>26</b> No School</p>	<p><b>27</b> No School</p>	<p><b>28</b> No School</p>	<p><b>29</b> No School</p>	<p><b>30</b> No School</p>

### NOTES

Lunch \$2.45  
 Reduced Price .40¢  
 Extra Milk .45¢  
 Assorted low fat milk available  
 daily with lunch

Type A Lunch must choose **at least 3** of 5 options (one of which has to be a fruit or vegetable): Entree', Bread/Grain, Fruit, Vegetable, Variety of Milk

### SAVE TIME IN THE MORNING

Deposit money in your child's account for breakfast and lunch  
 Set up your account in  
 PaySchools Central  
[www.payschoolscentral.com](http://www.payschoolscentral.com)

### IF YOU HAVEN'T ALREADY

Please fill out and return your  
 Free and Reduced Meals Application  
 as soon as possible!

### Second Choice

Monday - WG PB&J Uncrustable/Goldfish  
 Tuesday - Turkey Hot Dog on WG Bun  
 Wednesday - Chicken Pattie on WG Bun  
 Thursday - **\*\*Pork** or Beef **BBQ Rib Pattie**  
 on WG Bun (Depends on Availability)  
 Friday - Chef Salad w/WG Roll

**\*\*Menu Subject to Change Due to Availability of Food Items\*\***

**WG = Whole Grain**

**\*\*Denotes Possible Pork Product**

**\*\*MENU SUBJECT TO CHANGE DUE TO AVAILABILITY OF FOOD ITEMS\*\***

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