



Ironton City Schools

Ironton Middle School Menu

(Menu Subject to Change)



FEBRUARY 2023

		Breakfast: 1 <ul style="list-style-type: none"> French Toast Sticks Lunch: <ul style="list-style-type: none"> Pizza & Fresh Broccoli or Chili & Cinnamon Roll Smiley Fries Apple Slice 	Breakfast: 2 <ul style="list-style-type: none"> Dutch Waffle Lunch: <ul style="list-style-type: none"> Tiger Bowl & Biscuit or Cheesy Pull-Apart Mashed Potatoes & Gravy - Corn Slushie - Fruit Roll-Up 	Breakfast: 3 <ul style="list-style-type: none"> Sausage Croissant Lunch: <ul style="list-style-type: none"> Big Daddy Pizza or Breaded Cheese Sticks Salad Smiley Fries Fruit
Breakfast: 6 <ul style="list-style-type: none"> Muffins Yogurt Lunch: <ul style="list-style-type: none"> Hamburger/Cheese burger or Pizza Baked Beans Roasted Potatoes Orange Wedges 	Breakfast: 7 <ul style="list-style-type: none"> Super Bread Lunch: <ul style="list-style-type: none"> Mini Corn Dogs & Fruit Roll-Up or Cheesy Pull-Apart Fries Steamed Broccoli Apple Slice 	Breakfast: 8 <ul style="list-style-type: none"> Super Donut Lunch: <ul style="list-style-type: none"> Fish Bites or Chicken Nuggets Sweet Potato Bites California Blend Veg. Banana Popcorn 	Breakfast: 9 <ul style="list-style-type: none"> Bagel & Cream Cheese Lunch: <ul style="list-style-type: none"> Hamburger & Side Salad or Chicken Leg & Roll - Green Beans Mashed Potatoes & Gravy - Sidekick 	Breakfast: 10 <ul style="list-style-type: none"> Biscuit & Jelly Lunch: <ul style="list-style-type: none"> Wild Mike's & Sauce or Chicken Sandwich Corn Steamed Carrots Mixed Fruit
Breakfast: 13 <ul style="list-style-type: none"> Mini French Toast Lunch: <ul style="list-style-type: none"> BBQ Rib Sandwich or Sloppy Joe Steamed Broccoli Fries Apple Slice 	Breakfast: 14 <ul style="list-style-type: none"> Mini Choc. Donuts Lunch: <ul style="list-style-type: none"> Mexican Pizza or Taco Snack Bites V-Blend Juice Corn & Black Beans Pineapples Go-Gurt 	Breakfast: 15 <ul style="list-style-type: none"> Apple Toast Lunch: <ul style="list-style-type: none"> Hot Ham & Cheese or Hamburger Roasted Potatoes Baked Beans Blueberries Side Salad 	Breakfast: 16 <ul style="list-style-type: none"> Cinnamon Roll Lunch: <ul style="list-style-type: none"> Meatballs & Vanilla Graham Crackers or PBJ & Yogurt Mashed Potatoes & Gravy Green Beans - Grapes 	17 NO SCHOOL
20 NO SCHOOL	Breakfast: 21 <ul style="list-style-type: none"> Rice Krispie Treat Yogurt Lunch: <ul style="list-style-type: none"> Hot Dog & Sauce or Pizza & Cheese Stick Baked Beans V-Blend Juice Grapes 	Breakfast: 22 <ul style="list-style-type: none"> Dutch Waffles Lunch: <ul style="list-style-type: none"> Pizza Snackable & Goldfish or Cheesy Pull-Apart & Go-Gurt Marinara Sauce Steamed Broccoli Pears 	Breakfast: 23 <ul style="list-style-type: none"> Pancake Wrap Lunch: <ul style="list-style-type: none"> Chicken & Noodles w/ Roll or PBJ & Yogurt Mashed Potatoes & Gravy Green Beans Apple Slice 	Breakfast: 24 <ul style="list-style-type: none"> Biscuit & Gravy Lunch: <ul style="list-style-type: none"> Pizza Breadstick or Fish Sandwich Fries Salad Peaches
Breakfast: 27 <ul style="list-style-type: none"> Breakfast Bun Lunch: <ul style="list-style-type: none"> Grilled Cheese or Chicken Sandwich Tomato Soup or Ravioli Steamed Broccoli Tropical Fruit 	Breakfast: 28 <ul style="list-style-type: none"> Pancake Sausage Lunch: <ul style="list-style-type: none"> Mac & Cheese or PBJ V-Blend Juice Peas Peaches 	<i>Milk is served with each meal.</i> *Student Meals - Free		