



Ironton City Schools

Ironton High School Menu

(Menu Subject to Change)

FEBRUARY 2023



		Breakfast: <ul style="list-style-type: none">Pancake Wrap Lunch: <ul style="list-style-type: none">Chicken Quesadilla or Mexican PizzaBlack Bean & Corn FiestaChips & SalsaFruit 	Breakfast: <ul style="list-style-type: none">Sausage & Cheese Croissant Lunch: <ul style="list-style-type: none">Salisbury Steak or MeatballsMashed Potatoes & Gravy - RollBroccoli - Fruit 	Breakfast: <ul style="list-style-type: none">Biscuit & Gravy Lunch: <ul style="list-style-type: none">Pizza or CalzoneBaked ChipsCornSidekickFruit
Breakfast: <ul style="list-style-type: none">Pop Tarts Lunch: <ul style="list-style-type: none">Chicken Sandwich or Fish SandwichHash BrownBaked BeansCheese StickFruit 	Breakfast: <ul style="list-style-type: none">Waffle Lunch: <ul style="list-style-type: none">Soft Taco or Taco BurgerBlack Bean & Corn FiestaChips & SalsaFruit 	Breakfast: <ul style="list-style-type: none">Cream Cheese-Filled Bagel Lunch: <ul style="list-style-type: none">Hamburger or CheeseburgerLoaded Tater TotsBroccoliFruit 	Breakfast: <ul style="list-style-type: none">Pancake Wrap Lunch: <ul style="list-style-type: none">Popcorn Chicken or Chicken BowlMashed Potatoes & GravyCorn - RollSorbet - Fruit 	Breakfast: <ul style="list-style-type: none">Donut Lunch: <ul style="list-style-type: none">Bosco Sticks or Cheesy Pull-ApartsMarinara SauceCarrot SticksSidekickFruit
Breakfast: <ul style="list-style-type: none">Cereal BarYogurt Lunch: <ul style="list-style-type: none">Hamburger or CheeseburgerBaked BeansMozzarella Cheese Sticks - Fruit 	Breakfast: <ul style="list-style-type: none">Donuts Lunch: <ul style="list-style-type: none">Chicken AlfredoBreadstickGreen BeansCookieIce CreamFruit 	Breakfast: <ul style="list-style-type: none">Sausage, Egg, & Cheese Croissant Lunch: <ul style="list-style-type: none">Grilled Cheese or PB SandwichTomato SoupCelery SticksFruit 	Breakfast: <ul style="list-style-type: none">Biscuit & Gravy Lunch: <ul style="list-style-type: none">Salisbury Steak or MeatballsMashed Potatoes & GravyCorn - RollFruit 	<p align="center">NO SCHOOL</p>
<p align="center">NO SCHOOL</p>	Breakfast: <ul style="list-style-type: none">Pop Tarts Lunch: <ul style="list-style-type: none">Chicken Biscuits or Mini Corn DogsWaffle FriesGreen BeansFruit 	Breakfast: <ul style="list-style-type: none">PancakesSausage Lunch: <ul style="list-style-type: none">Steak Sandwich or Hot Ham & CheeseFrench FriesBroccoliFruit 	Breakfast: <ul style="list-style-type: none">Muffins Lunch: <ul style="list-style-type: none">Chicken Strips (Regular or Spicy)Mashed Potatoes & GravyCorn - RollFruit 	Breakfast: <ul style="list-style-type: none">Biscuit & Gravy Lunch: <ul style="list-style-type: none">Round Pizza or Tiger BurgerFrench FriesCarrot SticksFruit
Breakfast: <ul style="list-style-type: none">Mini Donuts Lunch: <ul style="list-style-type: none">Scrambled EggsSausageBiscuit & GravyHash BrownApplesauce - Juice 	Breakfast: <ul style="list-style-type: none">Pop Tarts Lunch: <ul style="list-style-type: none">Asian ChickenFried RiceBroccoliEgg RollFortune CookieFruit 		<p align="center"><i>Milk is served with each meal.</i></p> <p align="center">*Student Meals - Free</p>	

