



# Ironton City Schools

## Ironton Elementary School Menu

(Menu Subject to Change)



### FEBRUARY 2023

		<b>Breakfast:</b> <b>1</b> <ul style="list-style-type: none"> <li>French Toast Sticks</li> </ul> <b>Lunch:</b> <ul style="list-style-type: none"> <li>Pizza &amp; Fresh Broccoli or Chili &amp; Cinnamon Roll</li> <li>Smiley Fries</li> <li>Apple Slice</li> </ul>	<b>Breakfast:</b> <b>2</b> <ul style="list-style-type: none"> <li>Dutch Waffle</li> </ul> <b>Lunch:</b> <ul style="list-style-type: none"> <li>Tiger Bowl &amp; Biscuit or Cheesy Pull-Apart</li> <li>Mashed Potatoes &amp; Gravy - Corn</li> <li>Slushie - Fruit Roll-Up</li> </ul>	<b>Breakfast:</b> <b>3</b> <ul style="list-style-type: none"> <li>Sausage Croissant</li> </ul> <b>Lunch:</b> <ul style="list-style-type: none"> <li>Big Daddy Pizza or Breaded Cheese Sticks</li> <li>Salad</li> <li>Smiley Fries</li> <li>Fruit</li> </ul>
<b>Breakfast:</b> <b>6</b> <ul style="list-style-type: none"> <li>Muffins</li> <li>Yogurt</li> </ul> <b>Lunch:</b> <ul style="list-style-type: none"> <li>Hamburger/Cheese burger or Pizza</li> <li>Baked Beans</li> <li>Roasted Potatoes</li> <li>Orange Wedges</li> </ul>	<b>Breakfast:</b> <b>7</b> <ul style="list-style-type: none"> <li>Super Bread</li> </ul> <b>Lunch:</b> <ul style="list-style-type: none"> <li>Mini Corn Dogs &amp; Fruit Roll-Up or Cheesy Pull-Apart</li> <li>Fries</li> <li>Steamed Broccoli</li> <li>Apple Slice</li> </ul>	<b>Breakfast:</b> <b>8</b> <ul style="list-style-type: none"> <li>Super Donut</li> </ul> <b>Lunch:</b> <ul style="list-style-type: none"> <li>Fish Bites or Chicken Nuggets</li> <li>Sweet Potato Bites</li> <li>California Blend Veg.</li> <li>Banana</li> <li>Popcorn</li> </ul>	<b>Breakfast:</b> <b>9</b> <ul style="list-style-type: none"> <li>Bagel &amp; Cream Cheese</li> </ul> <b>Lunch:</b> <ul style="list-style-type: none"> <li>Hamburger &amp; Side Salad or Chicken Leg &amp; Roll - Green Beans</li> <li>Mashed Potatoes &amp; Gravy - Sidekick</li> </ul>	<b>Breakfast:</b> <b>10</b> <ul style="list-style-type: none"> <li>Biscuit &amp; Jelly</li> </ul> <b>Lunch:</b> <ul style="list-style-type: none"> <li>Wild Mike's &amp; Sauce or Chicken Sandwich</li> <li>Corn</li> <li>Steamed Carrots</li> <li>Mixed Fruit</li> </ul>
<b>Breakfast:</b> <b>13</b> <ul style="list-style-type: none"> <li>Mini French Toast</li> </ul> <b>Lunch:</b> <ul style="list-style-type: none"> <li>BBQ Rib Sandwich or Sloppy Joe</li> <li>Steamed Broccoli</li> <li>Fries</li> <li>Apple Slice</li> </ul>	<b>Breakfast:</b> <b>14</b> <ul style="list-style-type: none"> <li>Mini Choc. Donuts</li> </ul> <b>Lunch:</b> <ul style="list-style-type: none"> <li>Mexican Pizza or Taco Snack Bites</li> <li>V-Blend Juice</li> <li>Corn &amp; Black Beans</li> <li>Pineapples</li> <li>Go-Gurt</li> </ul>	<b>Breakfast:</b> <b>15</b> <ul style="list-style-type: none"> <li>Apple Toast</li> </ul> <b>Lunch:</b> <ul style="list-style-type: none"> <li>Hot Ham &amp; Cheese or Hamburger</li> <li>Roasted Potatoes</li> <li>Baked Beans</li> <li>Blueberries</li> <li>Side Salad</li> </ul>	<b>Breakfast:</b> <b>16</b> <ul style="list-style-type: none"> <li>Cinnamon Roll</li> </ul> <b>Lunch:</b> <ul style="list-style-type: none"> <li>Meatballs &amp; Vanilla Graham Crackers or PBJ &amp; Yogurt</li> <li>Mashed Potatoes &amp; Gravy</li> <li>Green Beans - Grapes</li> </ul>	<b>17</b> <b>NO SCHOOL</b>
<b>20</b> <b>NO SCHOOL</b>	<b>Breakfast:</b> <b>21</b> <ul style="list-style-type: none"> <li>Rice Krispie Treat</li> <li>Yogurt</li> </ul> <b>Lunch:</b> <ul style="list-style-type: none"> <li>Hot Dog &amp; Sauce or Pizza &amp; Cheese Stick</li> <li>Baked Beans</li> <li>V-Blend Juice</li> <li>Grapes</li> </ul>	<b>Breakfast:</b> <b>22</b> <ul style="list-style-type: none"> <li>Dutch Waffles</li> </ul> <b>Lunch:</b> <ul style="list-style-type: none"> <li>Pizza Snackable &amp; Goldfish or Cheesy Pull-Apart &amp; Go-Gurt</li> <li>Marinara Sauce</li> <li>Steamed Broccoli</li> <li>Pears</li> </ul>	<b>Breakfast:</b> <b>23</b> <ul style="list-style-type: none"> <li>Pancake Wrap</li> </ul> <b>Lunch:</b> <ul style="list-style-type: none"> <li>Chicken &amp; Noodles w/ Roll or PBJ &amp; Yogurt</li> <li>Mashed Potatoes &amp; Gravy</li> <li>Green Beans</li> <li>Apple Slice</li> </ul>	<b>Breakfast:</b> <b>24</b> <ul style="list-style-type: none"> <li>Biscuit &amp; Gravy</li> </ul> <b>Lunch:</b> <ul style="list-style-type: none"> <li>Pizza Breadstick or Fish Sandwich</li> <li>Fries</li> <li>Salad</li> <li>Peaches</li> </ul>
<b>Breakfast:</b> <b>27</b> <ul style="list-style-type: none"> <li>Breakfast Bun</li> </ul> <b>Lunch:</b> <ul style="list-style-type: none"> <li>Grilled Cheese or Chicken Sandwich</li> <li>Tomato Soup or Ravioli</li> <li>Steamed Broccoli</li> <li>Tropical Fruit</li> </ul>	<b>Breakfast:</b> <b>28</b> <ul style="list-style-type: none"> <li>Pancake</li> <li>Sausage</li> </ul> <b>Lunch:</b> <ul style="list-style-type: none"> <li>Mac &amp; Cheese or PBJ</li> <li>V-Blend Juice</li> <li>Peas</li> <li>Peaches</li> </ul>	<i>Milk is served with each meal.</i>  <b>*Student Meals - Free</b>		

