



September 2022 Breakfast Menu

North Collins Elementary



Menu is subject to change.

Monday	Tuesday	Wednesday	Thursday	Friday
	6	7	8	9
	Mini Cinnamon French Toast ----- Juice Cup 4oz Fruit 1/2c Milk -8oz	Breakfast Wrap w/Ham ----- Juice Cup 4oz Oranges Milk-8oz	Strawberry Pop-Tart ----- Juice Cup 4oz Fruit 1/2c Milk-8oz	English Muffin Sandwich w/Ham, Egg & Cheese ----- Juice Cup 4oz Fruit 1/2c Milk-8oz
12	13	14	15	16
Assorted Yogurt w/Muffin ----- Juice Cup 4oz NYS Fresh Peach-1 Piece Milk-8oz	Cinni Minis Pastry ----- Juice Cup 4oz Fruit 1/2c Milk-8oz	Bagel Breakfast Sandwich w/Sausage, Egg & Cheese ----- Juice Cup 4oz NYS Watermelon Slice Milk-8oz	Cinnamon Roll ----- Juice Cup 4oz Fruit 1/2c Milk -8oz	Cinnamon & Sugar Donut ----- Juice Cup 4oz Fruit 1/2c Milk-8oz
19	20	21	22	23
Assorted Yogurt w/Muffin ----- Juice Cup 4oz Fruit 1/2c Milk-8oz	Apple Frudel ----- Juice Cup 4oz NYS Fresh Apples-1 Piece Milk- 8oz	Mini Maple Pancakes ----- Juice Cup 4oz Fruit 1/2c Milk-8oz	Bagel w/Cream Cheese ----- Juice Cup 4oz NYS Peaches -1Piece Milk-8oz	Cinnamon Toast Crunch Bar ----- Juice C up 4oz Fruit 1/2c Milk-8oz
26	27	28	29	30
Assorted Yogurt w/Muffin ----- Juice Cup 4oz Fruit 1/2c Milk-8oz	Strawberry Cream Cheese Bagel ----- Juice Cup 4oz Fruit 1/2c Milk-8oz	Mini Blueberry Waffles ----- Juice Cup 4oz Fruit 1/2c Milk 8oz	Cinnamon & Sugar Donut ----- Juice Cup 4oz Fruit 1/2c Milk-8oz	Croissant Breakfast Sandwich w/Ham & Cheese ----- Juice Cup 4oz NYS Fresh Apple -1 piece Milk-8oz

NYS LOCAL FOODS

- *Upstate Farms Dairy milk and yogurt
- *LynOaken Farms Apples
- *Local Farms Fruit

Breakfast Menu

Served Daily

Assorted Cereal w/Graham Fish

Assorted 4oz Yogurt w/Graham Fish

Offered daily

with all School Breakfast:

Fresh or Prepared Fruit

(Must take 1/2 cup of Fruit – may take up to 1 cup)

NY State Non or Low Fat White Milk 8oz

This institution is an equal opportunity provider and employer.