

Rapides Parish School Board

Menus are subject to change without notice due to challenges in delivery or availability.

Monday 08/29/22	Tuesday 08/30/22	Wednesday 08/31/22	Thursday 09/01/22	Friday 09/02/22
Breakfast				
Cinnamon Toast Wedge Juice Milk	Scrambled Eggs/Toast/Jelly Fruit Milk	Jump Start Juice Milk	Chicken Biscuit Fruit Milk	Cinnabun/Cereal Juice Milk
Lunch				
Corn Dog Sweet Potato Fries Baked Beans Apple Wedges Milk	Chili Mac Seasoned Green Beans Lettuce & Tomato Salad Buttered Roll Sliced Peaches Milk	Stuffed Crust Pizza Buttered Corn Italian Salad/Dressing Fruit Cocktail Milk	Fish Sticks Macaroni & Cheese Steamed Broccoli Buttered Roll Pear Halves Milk	Soft Tacos Ranch Style Beans Shredded Lettuce Shredded Cheese Diced Tomatoes Pineapple Tidbits Milk

Non-discrimination Statement: This explains what to do if you believe you have been treated unfairly. "In accordance with Federal Law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age or disability. To file a complaint of discrimination, write USDA Director, Office of Adjudication, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410 or call toll free (866) 632-9992 (VOICE). Individuals who are hearing impaired or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339; or (800) 845-6136 (Spanish). USDA is an equal opportunity provider and employer".

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Monday 09/05/22	Tuesday 09/06/22	Wednesday 09/07/22	Thursday 09/08/22	Friday 09/09/22
Breakfast				
LABOR DAY!!	Banana Muffin/Cereal Fruit Milk	Jump Start Juice Milk	Powdered Donut/Cereal Fruit Milk	French Toast Sticks/Syrup Juice Milk
Lunch				
LABOR DAY!!	Hot Dog Potato Rounds Baked Beans Chilled Grapes Milk	Turkey & Gravy Fluffy White Rice Steamed Broccoli Buttered Roll Fruit Cup Milk	Pulled Pork on Bun French Fries Tossed Salad/Dressing Fruit Cocktail Milk	Farmer Jones Buttered Carrots Buttered Roll Pear Halves Milk

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Monday 09/12/22	Tuesday 09/13/22	Wednesday 09/14/22	Thursday 09/15/22	Friday 09/16/22
Breakfast				
Breakfast Stick Juice Milk	Cinnabun/Cereal Fruit Milk	Jump Start Juice Milk	Pancake/Sausage/Syrup Fruit Milk	Breakfast Pizza Juice Milk
Lunch				
Chicken Fajitas Spanish Rice Green Salad/Dressing Orange Wedges Milk	Oven Fried Catfish French Fries Coleslaw Jalapeno Cornbread Pineapple Tidbits Milk	Turkey & Cheese Sandwiches Baked Chips Stack Salad Banana Oatmeal Raisin Cookie Milk	Salisbury Steak & Gravy Fluffy White Rice Steamed Broccoli Buttered Roll Sliced Peaches Milk	Sloppy Joes Sweet Potato Fries Baked Beans Apple Wedges Milk

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Monday 09/19/22	Tuesday 09/20/22	Wednesday 09/21/22	Thursday 09/22/22	Friday 09/23/22
Breakfast				
Sausage Biscuit Juice Milk	Blueberry Muffin/Cereal Fruit Milk	Jump Start Juice Milk	Waffle/Sausage/Syrup Fruit Milk	Cereal/Toast/Jelly Juice Milk
Lunch				
Corn Dog French Fries Tossed Salad/Dressing Pear Halves Milk	Turkey/Chicken & Sausage Gumbo Fluffy White Rice Candied Yams Cornbread OR Crackers Fruit Cocktail Milk	Stuffed Crust Pizza Buttered Corn Italian Salad/Dressing Fruit Cup Milk	Chicken Strips Cheese Potatoes Steamed Broccoli Buttered Rolls Sliced Peaches Milk	Cheeseburger Potato Rounds Baked Beans Stack Salad Apple Wedges Milk

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Monday 09/26/22	Tuesday 09/27/22	Wednesday 09/28/22	Thursday 09/29/22	Friday 09/30/22
Breakfast				
Cinnamon Toast Wedge Juice Milk	Scrambled Eggs/Toast/Jelly Fruit Milk	Jump Start Juice Milk	Chicken Biscuit Fruit Milk	Cinnabun/Cereal Juice Milk
Lunch				
Chicken Patty on Bun Sweet Potato Fries Lettuce & Tomato Salad/Dressing Fruit Cocktail Milk	Chili Mac Seasoned Green Peas Whole Kernel Corn Buttered Roll Orange Wedges Milk	Hot Dog Potato Rounds Baked Beans Chilled Grapes Milk	Red Beans & Sausage Fluffy White Rice Seasoned Turnip Greens Cornbread Fruit Cup Milk	Italian Combo Sandwich Baked Chips Stack Salad Pineapple Tidbits Milk

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Monday 10/03/22	Tuesday 10/04/22	Wednesday 10/05/22	Thursday 10/06/22	Friday 10/07/22
Breakfast				
Ham & Cheese Croissant Juice Milk	Banana Muffin/Cereal Fruit Milk	Jump Start Juice Milk	Powdered Donut/Cereal Fruit Milk	NO STUDENTS!
Lunch				
Sloppy Joes Potato Rounds Green Salad/Dressing Pear Halves Milk	Chicken Spaghetti Seasoned Green Peas Combo Veg Salad/Dressing Garlic Bread Fruit Cup Milk	Stuffed Crust Pizza Buttered Corn Italian Salad/Dressing Chilled Grapes Milk	Oven Fried Catfish French Fries Seasoned Green Beans Jalapeno Cornbread Fruit Cocktail Milk	NO STUDENTS!

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