



LA MENTAL HEALTH COALITION

GUN VIOLENCE RESOURCES

The Louisiana Mental Health Coalition mourns the 21 victims lost to the senseless act of violence that took place in Uvalde, Texas. As parents, teachers, school advocates, we understand how difficult it is to process this tragedy. Below are resources to help you cope through these difficult times.

VIALINK



Parent Help Line, 24/7
833-LA-CHILD

Crisis Teen Text Line, 24/7
Text: 833-898-8336

SESAME STREET IN COMMUNITIES



Click [here](#) for resources.

CHILDREN'S HOSPITAL NEW ORLEANS



Click [here](#) for resources.

SAMHSA



Disaster Distress Helpline,
24/7
1-800-985-5990

TIPS FOR TALKING TO CHILDREN (EDUCATORS)



Click [here](#)

TIPS FOR TALKING TO CHILDREN (PARENTS)

Click [here](#)

COPING WITH STRESS AFTER A MASS SHOOTING



Click [here](#)

The Louisiana Mental Health Coalition works to eradicate myths and misconceptions about mental health. Mental health is not the cause of gun violence. People with mental health conditions are more likely to be victims of violence than perpetrators of violence, associating mental health with mass shootings further stigmatizes it. We must work together to find sensible ways to prevent these tragedies.



To join our mailing list or for more information
email: lamentalhealthcoalition@gmail.com



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