

September

(see www.schoolcafe.com for more detailed menu)

6-12 Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast Prices Elem – \$1.75 MS/HS - \$1.80 Reduced Meal – \$0.00 Adult Meal - \$2.10 Extra Milk - \$.60			1 Breakfast Taquito Cereal bowl Fruit Milk	2 Donut Cereal Bar w/Graham Fruit Milk
5 Labor Day No School	6 Sausage & Cheese Pancake Sandwich Cereal Bowl Fruit Milk	7 HS: Strawberry Mini Pancakes MS: Smoothie w/Grahams HS/MS: Cereal Bar w/Grahams Fruit Milk	8 Sausage Pancake on a Stick Cherry Apple Dunker Bar Fruit Milk	9 Pop tarts Vanilla Belgian Waffle Fruit Milk
12 Banana Bread Slice Yogurt w/Granola Fruit Milk	13 Sausage & Cheese Pancake Sandwich Cereal Pouch Fruit Milk	14 HS: Strawberry Mini Pancakes MS: Smoothie w/Grahams HS/MS: Cereal Bar w/Grahams Fruit Milk	15 Sausage Pancake on a Stick Cherry Apple Dunker Bar Fruit Milk	16 Pop tarts Vanilla Belgian Waffle Fruit Milk
19 MS: Chocolate Chip Mini French Toast HS: Chocolate Chip Oatmeal Breakfast Bar w/Grahams MS/HS: Egg & Cheese Salsa Burrito Fruit Milk	20 Egg & Cheese English Muffin Vanilla Yogurt w/Granola Fruit Milk	21 HS: Chocolate Chip Mini French Toast MS: Smoothie w/Grahams HS/MS: Pop Tarts Fruit Milk	22 Breakfast Taquito Cereal Bowl Fruit Milk	23 Donut Cereal Bar w/Graham Fruit Milk
26 MS: Chocolate Chip Mini French Toast HS: Chocolate Chip Oatmeal Breakfast Bar w/Grahams MS/HS: Egg & Cheese Salsa Burrito Fruit Milk	27 Egg & Cheese English Muffin Vanilla Yogurt w/Granola Fruit Milk	28 HS: Chocolate Chip Mini French Toast MS: Smoothie w/Grahams HS/MS: Pop Tarts Fruit Milk	29 Breakfast Taquito Cereal Bowl Fruit Milk	30 Donut Cereal Bar w/Graham Fruit Milk

This menu meets THE USDA MEAL GUIDELINES. This menu is subject to change without notice. This institution is an equal opportunity provider. Whole unflavored milk provided for preschool children 12-24 months