

Assessment of Shelton Public Schools Local Wellness Policy

Performed: June 22, 2018 by Kathryn Ward, Director of Food Services and Executive Director of Finance, Brenda Trogstad.

Findings:

Shelton Public Schools Policy 6700 – Nutrition, Health, and Physical Fitness, is in compliance with the United States Department of Agriculture Final Ruling on leadership, content, reviewing and reporting, and community engagement.

- The general public and school community, including parents, administrators, school food authority members, teachers and the school board are permitted to participate on the Wellness Committee.
- Brenda Trogstad, Executive Director of Finance; and Kathryn Ward, Director of Food Services, will lead and coordinate compliance to the policy.
- The district has updated the policy to meet the requirements outlined in the final rule. An assessment of the wellness policy will be conducted annually and be made available to the public.
- The district has set specific goals for nutrition promotion and education.
- The district has set standards for available foods and beverages.
- Marketing and advertising of foods and beverages are limited to only items meeting Smart Snack standards.

Ongoing Work and Next Steps:

During the 2018-19 school year, the Wellness Committee will work on the Smarter Lunchroom trainings and techniques at all cafeterias. Food Services will also continue to work with the SNAP-Ed Nutrition Program and the Foods II classes to provide Harvest of the Month Taste tests.

The Wellness Committee will continue to meet and collaborate with Health Services, Instructional Services, Nutrition Services, and Physical Education departments to regularly update the Wellness Policy and to ensure that all components are being enforced at the building levels.