

# JANUARY 2023

## Forge International School

Menu Subject to Change

 LUNCH

Monday

Corn Dogs **2**  
French Fries  
Coleslaw  
Pears  
Milk Choice

Pulled Pork Sandwich **9**  
Cheesy Green Beans  
French Fries  
Peaches  
Coleslaw  
Milk Choice

No School **16**

Breaded Chicken Sandwich **23**  
French Fries  
Pears  
Coleslaw  
Milk Choice

Chicken Tenders **30**  
Mashed Potatoes and Gravy  
Cheesy Green Beans  
Strawberries  
Coleslaw  
Milk Choice

Tuesday

Beef Soft Tacos **3**  
Mexican Street Corn  
Refried Beans  
Peaches  
Salad Bar  
Milk Choice  
Salsa

Beefy Nacho Supreme **10**  
Seasoned Corn  
Refried Beans  
Pears  
Salad Bar  
Milk Choice  
Salsa

Chicken Empanada **17**  
Mexican Street Corn  
Refried Beans  
Pears  
Salad Bar  
Milk Choice

Taquitos **24**  
Marinated Bean Salad  
Peaches  
Salad Bar  
Milk Choice  
Salsa

Chicken Tacos **31**  
Mexican Street Corn  
Refried beans  
Peaches  
Salad Bar  
Milk Choice  
Salsa

Wednesday

Orange Chicken **4**  
Fried Rice  
Broccoli  
Mandarin Oranges  
Salad Bar  
Milk Choice

Egg Roll **11**  
Fried Rice  
Broccoli  
Fruit Cocktail  
Salad Bar  
Milk Choice

Popcorn Chicken **18**  
Baked Mac and Cheese  
Broccoli  
Peaches  
Salad Bar  
Milk Choice

Teriyaki Chicken **25**  
Fried Rice  
Broccoli  
Fruit Cocktail  
Salad Bar  
Milk Choice

Thursday

Pepperoni Stuffwich **5**  
Carrots  
Pineapple  
Cookie  
Salad Bar  
Milk

Cheese Calzones **12**  
Carrots  
Pineapple  
Cookie  
Salad Bar  
Milk Choice

Pepperoni Calzone **19**  
Carrots  
Pineapple  
Salad Bar  
Cookie  
Milk Choice

Cheese Ripper **26**  
Carrots  
Pineapple  
Cookie  
Salad Bar  
Milk Choice

Friday

**6**

**13**

**20**

**27**

